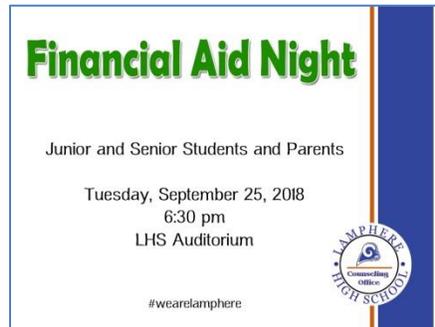




SEPTEMBER E-NEWS

Counseling website: www.lamphereschools.org
Like us on Facebook: www.facebook.com/lhscounselingoffice
Follow us on Twitter: www.twitter.com/lhscounsel

Counseling Website: Click [here](#) to access the LHS Counseling website for information on articulation credit, applying for college, financial aid, graduation requirements, summer programs and opportunities, referral phone numbers, scholarship information, and more.



The FAFSA (Free Application for Federal Student Aid) is the application students must complete to apply for federal student aid. In addition, many states, private organizations, colleges, and career schools rely on information from the FAFSA to determine eligibility for nonfederal sources of aid. Attend the Lamphere High School Financial Aid Night to learn various ways to pay for college and how to complete the FAFSA. The FAFSA is filed in the fall of the student's senior year.

All Students:

Top Ten Reasons to see your School Counselor:

(Reprinted with permission from Angela Olive, Northside Montessori School, Indianapolis, IN)

Did you ever wonder what goes on in the high school counselor's office? You see the counselors in the halls during passing periods. Sometimes you are called down to discuss your schedule, but what are some other things your school counselor can help you with? School counselors strive to provide each of their students with academic, psychological and interpersonal advice necessary to succeed in school and in life. All of the resources available might surprise you.

Here are the top ten reasons to visit your school counselor:

1. **Get help solving conflicts** – Sometimes it's hard to manage conflicts on your own. Your school counselor can help you brainstorm solutions to your conflicts.
2. **Get help with managing your busy schedule** – Life can get really hectic between school, work, friends, sports, and other extracurricular activities. Your counselor can give you tools to help you manage your time wisely.
3. **Get help with planning your future** – Thinking about your future can sometimes be overwhelming. Your school counselor can guide you to the right path in order to accomplish your goals.
4. **Talk about college and career choices** – Once your school counselor gets to know you, they can help you identify colleges and post-secondary training opportunities that would be a good fit for you.
5. **Find out how to search for scholarships** – There are thousands of scholarships opportunities available. Your school counselor can help you find the ones that you qualify for and will be the most beneficial to you.
6. **Guidance counselors write awesome letters of recommendation** – The majority of post-secondary schools will ask for a letter of recommendation to accompany your application. If you have taken the time to get to know your school counselor well, more than likely they will be willing to write a letter of reference for you.
7. **Get help making important decisions** – Decisions can be hard to make on your own, your school counselor can give your guidance in making those choices.
8. **You want to do better in school** – Some classes are tougher than others, your school counselor can help connect you with a tutor.
9. **You just want to talk to someone who will listen** – Many things happen throughout the day, some good, and some bad. Your school counselor is always available to lend you an ear.
10. **Your School Counselor is really cool** – enough said.

OK2SAY:

OK2SAY is a program from the Michigan Department of the Attorney General to help students confidentially report anything that threatens their safety or the safety of others. In many instances, students don't say anything about potentially dangerous situations out of fear of rejection, retaliation, or confusion about where to seek help. OK2SAY creates an early warning system in our schools to stop tragedies before they start. It's a way for students to break the culture of silence by connecting them to adult authorities who can help.

Tips can be submitted by telephone, text, email, web, or via the mobile app:

- By phone: 1-8-555-OK2SAY (1-855-565-2729)
- Text: 652729 (OK2SAY)
- Email: ok2say@mi.gov

- Web: www.mi.gov/ok2say
- Mobile App: Available in the app stores for iPhone and Android.

Credit Recovery:

Credit Recovery offers an opportunity for students to recover credit for courses. Our fall session registration forms are now available. Registration forms and payment are due to the Counseling Office by September 25. Classes begin October 1; sessions run after school. Registration forms are available in the Main and Counseling Offices.

Rule the School 2018 Micro Center Maker Student Contest:

Micro Center is hosting its 2nd Annual Maker Student Contest. Students are asked to answer the question "What would you make with a 3D Printer or control with a @VexRobotics Motorized Robotics Arm Kit? The winning student will win a 3D printer and Robotic Arm kit for themselves and prizes for the school. Visit bit.ly/schoolsmcposter for more information. The deadline for entries is September 16.

College/Career Events at Oakland University:

Oakland University presents several sessions during the year that focus on different college majors/college preparation. All high school students are welcome to attend; these events provide a great opportunity to explore college majors. Please click [here](#) for more information on any of the events listed below or to register; reservations are required for all events.

GOING PRO IN MICHIGAN:

"Going PRO" is a Michigan campaign designed to elevate the perception of professional trades and to showcase opportunities in a variety of rewarding careers. A sizable professional trades shortage exists in Michigan and is expected to continue through 2024. Professional trades will account for more than 500,000 jobs in the Michigan economy, and approximately 15,000 new job openings are expected annually in the state during that time. Wages for professional trades occupations is 45 percent higher than other occupations – \$51,000 is the median annual salary for these jobs!

Opportunities exist in a variety of emerging industries including IT, healthcare, advanced manufacturing, construction and automotive. And many of the career fields do not require a four-year degree. Click [here](#) for more information on skilled trades in Michigan and the Going Pro campaign. Click [here](#) for a listing of postsecondary institutions in Michigan that offer technical training.

Career Cruising:

Oakland Schools provides Career Cruising (a career exploration web-based program) to districts in Oakland County. This career software was designed to engage and inspire people to reach their full potential in school, career, and life. Their mission is to inform career dreams to help bring them to life. The software is used in all 50 states and all 10 provinces in Canada and has five million page views every day! Students in the Lamphere Schools utilize Career Cruising from 7-12 grades. If you haven't visited Career Cruising, check it out at: www.careercruising.com. Login information is username: lhs, password: Lamphere.

Juniors and Seniors:

College Representative Visitations:

Many colleges and universities have scheduled informational representative visits during the months of September and October. Additional visits are being added daily. Students interested in attending a College Representative Visit must sign up at least one day in advance in the Counseling Office. Click [here](#) for a calendar of scheduled visits.

SAT National Testing:

The SAT national college entrance exam is administered throughout the school year (Juniors will take the test in the spring at LHS). To register for an upcoming SAT, click [here](#). Remaining dates for the 2018-2019 school year include: 10/6, 11/3, 12/1, 3/9, 5/4, and 6/1.

ACT National Testing:

The ACT national college entrance exam is administered multiple times throughout the year. To sign up for an upcoming national test date, visit www.actstudent.org. Remaining dates for the 2018-2019 school year include: 10/27, 12/8, 2/9, 4/13, 6/8, and 7/13.

Seniors:

College Applications:

Now is the time to start applying to college!

The college admission process will be presented during Advisory Time on September 13. Please ask your student to see his/her folder containing college admissions information.

OCC Open House:

The OCC Admissions Open House will be held on Saturday, October 6, from 10 am–1 pm at the Auburn Hills Campus. Participants will be able to participate in workshops, campus tours, and live presentations/demonstrations. Click [here](#) to reserve your spot.

Transcripts:

Lamphere High School has teamed with Parchment/Docufide for secure, electronic transcript processing. The transcript request process will be presented during the Senior Advisory Time on September 13. Click [here](#) to visit the LHS Counseling website/Transcript Request page for more information.

Scholarships:

Scholarship opportunities are posted throughout the year, with the majority arriving January-March. Click [here](#) to visit the LHS Counseling website/Scholarship Application page for more information.

Please feel free to contact us at any time with your questions or concerns:

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Mark Stephenson, MA, LLPC
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The LHS counseling department's mission is to help facilitate students current and future success by providing a comprehensive guidance and counseling program designed to address the social, emotional, educational, and career planning needs of all students.