



## SEPTEMBER E-NEWS

Counseling website: [www.lamphereschools.org](http://www.lamphereschools.org)

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**Counseling Website:** Click [here](#) to access the LHS Counseling website for information on articulation credit, applying for college, financial aid, graduation requirements, summer programs and opportunities, referral phone numbers, scholarship information, and more.

### LHS FINANCIAL AID NIGHT SEPTEMBER 27, 6:30 IN THE AUDITORIUM

Senior Parents: The FAFSA (Free Application for Federal Student Aid) is the application students must complete to apply for federal student aid. In addition, many states, private organizations, colleges, and career schools rely on information from the FAFSA to determine eligibility for nonfederal sources of aid. Attend the Lamphere High School Financial Aid Night to learn various ways to pay for college and how to complete the FAFSA.

#### All Students:

#### Top Ten Reasons to see your School Counselor:

(Reprinted with permission from Angela Olive, Northside Montessori School, Indianapolis, IN)

Did you ever wonder what goes on in the high school counselor's office? You see the counselors in the halls during passing periods. Sometimes you are called down to discuss your schedule, but what are some other things your school counselor can help you with? School counselors strive to provide each of their students with academic, psychological and interpersonal advice necessary to succeed in school and in life. All of the resources available might surprise you.

Here are the top ten reasons to visit your school counselor:

1. **Get help solving conflicts** – Sometimes it's hard to manage conflicts on your own. Your school counselor can help you brainstorm solutions to your conflicts.
2. **Get help with managing your busy schedule** – Life can get really hectic between school, work, friends, sports, and other extracurricular activities. Your counselor can give you tools to help you manage your time wisely.
3. **Get help with planning your future** – Thinking about your future can sometimes be overwhelming. Your school counselor can guide you to the right path in order to accomplish your goals.
4. **Talk about college and career choices** – Once your school counselor gets to know you, they can help you identify colleges and post-secondary training opportunities that would be a good fit for you.
5. **Find out how to search for scholarships** – There are thousands of scholarships opportunities available. Your school counselor can help you find the ones that you qualify for and will be the most beneficial to you.
6. **Guidance counselors write awesome letters of recommendation** – The majority of post-secondary schools will ask for a letter of recommendation to accompany your application. If you have taken the time to get to know your school counselor well, more than likely they will be willing to write a letter of reference for you.
7. **Get help making important decisions** – Decisions can be hard to make on your own, your school counselor can give your guidance in making those choices.
8. **You want to do better in school** – Some classes are tougher than others, your school counselor can help connect you with a tutor.
9. **You just want to talk to someone who will listen** – Many things happen throughout the day, some good, and some bad. Your school counselor is always available to lend you an ear.
10. **Your School Counselor is really cool** – enough said.

#### OK2SAY:

OK2SAY is a program from the Michigan Department of the Attorney General to help students confidentially report anything that threatens their safety or the safety of others. In many instances, students don't say anything about potentially dangerous situations out of fear of rejection, retaliation, or confusion about where to seek help. OK2SAY creates an early warning system in our schools to stop tragedies before they start. It's a way for students to break the culture of silence by connecting them to adult authorities who can help.

Tips can be submitted by telephone, text, email, web, or via the mobile app:

· By phone: 1-8-555-OK2SAY (1-855-565-2729)

· Text: 652729 (OK2SAY)

· Email: ok2say@mi.gov

· Web: [www.mi.gov/ok2say](http://www.mi.gov/ok2say)

· Mobile App: Available in the app stores for iPhone and Android.

### **Credit Recovery:**

Credit Recovery offers an opportunity for students to recover credit for courses. Our fall session registration forms are now available. Registration forms and payment are due to the Counseling Office by September 25. Classes begin October 2; sessions run after school. Registration forms are available in the Main and Counseling Offices.

### **College Open Houses:**

Colleges and Universities throughout the State of Michigan are holding Open Houses on their campuses in the coming weeks. These are a great opportunity to tour college campuses, hear about programs and speak to professors and advisors, and learn about financial aid and scholarships. Check the university websites (admissions) for more information (many require you to register ahead of time). Here are a few in the area happening soon:

Lawrence Technological University -- Saturday, November 11 or Saturday, December 9

Oakland University – Go for the Gold – Saturday, October 7

University of Michigan Dearborn – Saturday, October 21

Wayne State University – Saturday, September 23

### **College/Career Events at Oakland University:**

Oakland University presents several sessions during the year that focus on different college majors/college preparation. All high school students are welcome to attend; these events provide a great opportunity to explore college majors. Please click [here](#) for more information on any of the events listed below or to register; reservations are required for all events.

#### **[Music Theatre and Dance Day \(Academic Visit Day\)](#)**

**Saturday, October 14, 2017 9:00 AM - 12:00 PM**

Go behind-the-scenes at Music, Theatre and Dance Day where you'll get a sneak peek into the world of vocal and instrumental performance, theatre, dance, musical theatre, and technical theatre. You'll learn about your academic and career options within the performing arts field, as well as information on admission requirements, scholarships and financial aid. Held from 9 a.m. to Noon in the Oakland Center and Varner Hall. Reservations are required.

#### **[Business Honors Direct Admission - Information Session](#)**

**Friday, October 20, 2017 1:30 PM - 2:30 PM**

Attend this information session to learn about the engaging curriculum and experiences available for students in the Business Honors Direct Admit program. At this session, you'll learn about the experiential activities, customized courses, enhanced support services and other unique advantages, as well as get an overview of the application process. For more information, please visit [oakland.edu/business/undergraduate-students/honors](http://oakland.edu/business/undergraduate-students/honors). And, if you wish, join us for a Daily Campus Tour immediately following the information session!

#### **[Education & Human Services Day \(Academic Visit Day\)](#)**

**Saturday, November 11, 2017 9:00 AM - 2:30 PM**

Want to be a teacher, counselor or HR expert? If you're interested in pursuing a major in the education and human services field, then this event is for you. You'll learn about academic and research opportunities with the School of Education and Human Services as well as admission requirements, scholarships, and financial aid options. Held from 9 a.m. to 2 p.m. in the Oakland Center and Pawley Hall. Reservations are required.

#### **[Engineering & Computer Science Day \(Academic Visit Day\)](#)**

**Saturday, January 27, 2018 9:00 AM - 2:30 PM**

Come to this event to learn about all the exciting academic and research opportunities in the School of Engineering and Computer Science and tour the brand new facility. You'll also hear about some OU basics — like how to apply to the university and receive scholarships and financial aid. Plus, you'll get a taste of OU's cuisine with a free lunch. Held from 9 a.m. to 2:30 p.m. beginning in the Oakland Center. Reservations are required.

### **GOING PRO IN MICHIGAN:**

“Going PRO” is a Michigan campaign designed to elevate the perception of professional trades and to showcase opportunities in a variety of rewarding careers. A sizable professional trades shortage exists in Michigan and is expected to continue through 2024. Professional trades will account for more than 500,000 jobs in the Michigan economy, and approximately 15,000 new job openings are expected annually in the state during that time. Wages for professional trades occupations is 45 percent higher than other occupations – \$51,000 is the median annual salary for these jobs!

Opportunities exist in a variety of emerging industries including IT, healthcare, advanced manufacturing, construction and automotive. And many of the career fields do not require a four-year degree. Click [here](#) for more information on skilled

trades in Michigan and the Going Pro campaign. Click [here](#) for a listing of postsecondary institutions in Michigan that offer technical training.

### **Career Cruising:**

Oakland Schools provides Career Cruising (a career exploration web-based program) to districts in Oakland County. This career software was designed to engage and inspire people to reach their full potential in school, career, and life. Their mission is to inform career dreams to help bring them to life. The software is used in all 50 states and all 10 provinces in Canada and has five million page views every day! Students in the Lamphere Schools utilize Career Cruising from 7-12 grades. If you haven't visited Career Cruising, check it out at: [www.careercruising.com](http://www.careercruising.com). Login information is username: lhs, password: Lamphere.

### **Freshmen:**

### **Vision Screening:**

From the Oakland County Health Division: To meet the vision screening needs of freshmen or screening in conjunction with drivers training, the Oakland County Health Division offers free vision screening by appointment at the North Oakland Health Center and South Oakland Health Center locations. Parents can call (248) 424-7070 to schedule an appointment.

### **Juniors and Seniors:**

### **College Representative Visitations:**

Many colleges and universities have scheduled informational representative visits during the months of September and October. Additional visits are being added daily. Students interested in attending a College Representative Visit must sign up at least one day in advance in the Counseling Office. Click [here](#) for a calendar of scheduled visits.

### **SAT National Testing:**

The SAT national college entrance exam is administered throughout the school year (Juniors will take the test in the spring at LHS). To register for an upcoming SAT, click [here](#). Dates for the 2017-2018 school year include: October 7, November 4, December 2, March 10, May 5, and June 2.

### **ACT National Testing:**

The ACT national college entrance exam is administered multiple times throughout the year. To sign up for an upcoming national test date, visit [www.actstudent.org](http://www.actstudent.org). National Test Dates for the 2017-2018 school year include: October 28, December 9, February 10, April 14, June 9, and July 14.

### **Seniors:**

### **College Applications:**

#### **Now is the time to start applying to college!**

The college admission process will be presented during Advisory Time on September 14. Please ask your student to see his/her folder containing college admissions information.

### **Transcripts:**

Lamphere High School has teamed with Parchment/Docufide for secure, electronic transcript processing. The transcript request process will be presented during the Senior Advisory Time on September 14. Click [here](#) to visit the LHS Counseling website/Transcript Request page for more information.

### **Please feel free to contact us at any time with your questions or concerns:**

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**The LHS counseling department's mission is to help facilitate students current and future success by providing a comprehensive guidance and counseling program designed to address the social, emotional, educational, and career planning needs of all students.**