



## OCTOBER E-NEWS

Counseling website: [www.lamphereschools.org](http://www.lamphereschools.org)  
Like us on Facebook: [www.facebook.com/lhscounselingoffice](https://www.facebook.com/lhscounselingoffice)  
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The Counseling Office is now on Facebook and Twitter. Like us on Facebook at [www.facebook.com/lhscounselingoffice](https://www.facebook.com/lhscounselingoffice) and follow us on Twitter at [www.twitter.com/lhscounsel](https://www.twitter.com/lhscounsel) to stay up to date with news/events throughout the year.

**Counseling Website:** Click [here](#) to access the LHS Counseling website for information on articulation credit, applying for college, financial aid, graduation requirements, summer programs and opportunities, referral phone numbers, scholarship information, and more.

### All Students:

#### **Academic Resources for Students - NHS Tutoring:**

National Honor Society provides free, drop-in tutoring on Mondays and Wednesdays before school (7:00-7:30 in room D-2) and after school (2:25-2:55 in room D-15). This service is open to all students and tutoring is available in all subjects.

#### **Career Development Activities:**

LHS students are engaged in comprehensive counseling/career development activities through Advisory Time regularly throughout the year. All students update their Educational Development Plans (EDPs) utilizing Career Cruising annually. In addition, freshmen explore more about themselves through interest and personality inventories, sophomores focus on postsecondary planning/college exploration, juniors learn to document their accomplishments through letters of recommendation questionnaires, college/job applications, and resumes, and seniors learn about interviewing and experience mock interviews. Upcoming activities include:

| October 25  |
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| Freshmen: Counselor Presentation on High School Success |
| Sophomores: College Exploration Activity                |
| Juniors: Educational Development Plans                  |
| Seniors: Interview Information                          |

#### **College Open Houses:**

Colleges and Universities throughout the State of Michigan are holding Open Houses on their campuses in the coming weeks. These are a great opportunity to tour college campuses, hear about programs and speak to professors and advisors, and learn about financial aid and scholarships. Check the university websites (links included below) for more information (many require you to register ahead of time). Here are a few happening soon:

- Michigan State University – James Madison College – October 19, November 9, and November 16 (click [here](#))
- Grand Valley State University Laker Visit Days – October 13 and October 26 (click [here](#))
- Lawrence Technological University -- November 10 and December 8 (click [here](#))
- Macomb Community College – November 17 (click [here](#))
- Oakland University – October 13 (click [here](#))
- University of Michigan Dearborn – October 20 (click [here](#))
- University of Toledo Fall Campus Preview Days – November 6 (click [here](#))

#### **International College Options Fair:**

Admissions representatives from 33 colleges and universities outside the US will present information about their schools and application processes. This event will take place on November 12, 6:30-8:30, at Farmington High School. For more information or to preregister, please click [here](#).

## Freshmen:

### **Meeting with the Counselors:**

We will be meeting with all freshmen during Advisory on October 25. Topics related to high school success will be covered, including: what to expect in high school, graduation requirements, high school transcripts, grades, attendance, ways to get involved, and planning for their future.

## Sophomores/Juniors:

### **Oakland Schools Technical Campus Information Session:**

The Counseling Office will be hosting an Oakland Schools Technical Campus representative on October 18 during 6th hour. She will be presenting information on all the programs available, including Construction, Automotive, Electrical, Health Sciences, Welding, and other career opportunities in the skilled trades. Be sure to attend if you are thinking of going to OSTC next year. Sign up in the Counseling Office to attend.

## Juniors and Seniors:

### **College Representative Visitations:**

Fall college representative visits to LHS continue throughout October. Juniors and Seniors are invited to sign up in advance for an information session on the college/university to learn about its programs and admissions requirements.

10/11 – 2<sup>nd</sup> hour – Michigan State University

10/16 – 2<sup>nd</sup> hour – Kettering University

10/17 – 5<sup>th</sup> hour – Baldwin Wallace University

10/23 – 1<sup>st</sup> hour – Albion College

10/24 – 5<sup>th</sup> hour – Baker College

10/29 – 2<sup>nd</sup> hour – Western Michigan University

### **SAT National Testing:**

The SAT national college entrance exam is administered throughout the school year (Juniors will take the test in the spring at LHS). To register for an upcoming SAT, click [here](#). Remaining dates for the 2018-2019 school year include: 11/3, 12/1, 3/9, 5/4, and 6/1.

### **ACT National Testing:**

The ACT national college entrance exam is administered multiple times throughout the year. To sign up for an upcoming national test date, visit [www.actstudent.org](http://www.actstudent.org). Remaining dates for the 2018-2019 school year include: 10/27, 12/8, 2/9, 4/13, 6/8, and 7/13.

## Seniors:

### **Apprenticeship Information Session:**

Want to learn more about apprenticeship opportunities? The Counseling Office is excited to announce that a representative for all 22 unionized apprenticeship programs will be at LHS on October 22 during 2nd hour to share information with our seniors. Sign up in the Counseling Office to attend.

### **College Applications:**

#### **Now is the time to submit college applications!**

A reminder that most college applications should be submitted by October 31 for maximum scholarship consideration by the college/university.

The college admission process was reviewed during Advisory Time on September 14. Please ask your student to see his/her folder containing college admissions information or click [here](#) to visit the LHS Counseling website/College Application Process page for more information.

### **FAFSA:**

The FAFSA (Free Application for Federal Student Aid) is the application students must complete to apply for federal student aid. In addition, many states, private organizations, colleges, and career schools rely on information from the FAFSA to determine eligibility for nonfederal sources of aid. For more information on the FAFSA or to submit an application, please click [here](#). Students are encouraged to apply ASAP.

### Letters of Recommendation:

If the college/university to which seniors are applying require letters of recommendation, students should follow these guidelines:

- Make sure they are asking the right teacher (junior/senior year teacher of core academic class and has agreed to write a supportive letter of recommendation)
- Request the letter at least 2 weeks ahead of the due date
- Provide teacher with completed Letter of Recommendation Questionnaire form (see Counseling Office for additional copies)
- Provide teacher with addressed envelope to mail the letter directly to the appropriate Admissions Office
- Send the teacher a thank you note and let them know once the admissions decision has been received.

For more detailed information, please click [here](#).

### Transcripts:

Lamphere High School has teamed with Parchment/Docufide for secure, electronic transcript processing. The transcript request process was presented during the Senior Advisory Time on September 13. Click [here](#) to visit the LHS Counseling website/Transcript Request page for more information.

### Please feel free to contact us at any time with your questions or concerns:

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**The LHS counseling department's mission is to help facilitate students current and future success by providing a comprehensive guidance and counseling program designed to address the social, emotional, educational, and career planning needs of all students.**